

We're participating in NAMIWalks 2026



TOGETHER
we are

 **NAMIWalks**

Join
NAMI Schenectady
Wellness Walkers for:
NAMI WALK Capital Region
Where: Washington Park
When: Sat., Oct 3, 2026 10 am

Join the team or Donate at:
[https://www.namiwalks.org/
team/ScheWellnessWalkers](https://www.namiwalks.org/team/ScheWellnessWalkers)

MENTAL
HEALTH
for
all

