

**COME C.R.E.A.T.E.**

**Saturday, February 22, 12:30-2 PM**

**MULTI-MEDIA  
ART CLASS  
FOR PEERS in  
RECOVERY**

**At the CREATE Community Studio  
140 Erie Blvd., Schenectady**

Join Art Therapist Heather Hutchison at C.R.E.A.T.E.  
for a mixed media art project focused on gratitude,  
mindfulness and self care, sponsored by NAMI  
Schenectady

RSVP: Register by sending your name and contact information to  
[namischenectady@gmail.com](mailto:namischenectady@gmail.com) or by leaving your name and phone # at  
518-986-9114